

## **Family and Consumer Science Department**

### **Introduction:**

The Family and Consumer Science program provides students with a comprehensive view of life through the application of academic skills to real life experiences in a variety of lab settings. It is critically important for students today to have skills in the areas of good nutrition, interpersonal relations, and socialization if they are to understand themselves and others in the context of a rewarding life within society. Creativity and sequential thinking are developed and applied in the creation of garments and accessories in the clothing lab.

The child development program offers students the opportunity to develop skills related to early childhood education. Students will be actively involved in a preschool lab experience.

Course Recommendation Process: By instructor recommendation.

### **Family and Consumer Science Department**

<b>Course Title (Code)</b>	<b>Grade Level</b>	<b>Length</b>
Culinary Arts I	9,10,11,12	Full Year
Culinary Arts II	10,11,12	Full Year
World Cuisine	10,11,12	Full Year
Basic Fashion Design / Construction	9,10,11,12	Full Year
Child Development	10,11,12	Full Year
Education: General	11,12	Full Year

<b>Course Title: CULINARY ARTS I (FAM100)</b>		
<b>Level/Grade:</b> 9 <sup>th</sup> -12 <sup>th</sup>		<b>Length:</b> Full Year
		<b>Pre-requisites:</b> None
<b>Course Description:</b> This full year course is designed to introduce students to the key concepts and methods of the culinary arts and the hospitality industry. Students will examine food and kitchen safety, nutrition and basic food preparation through cooking demonstrations, group work and hands on applications with the expectation that they will successfully take part in the Serv Safe assessment at the end of the course. This course also provides an overview of the professionalism in the culinary industry and career opportunities leading into a career pathway in Culinary Arts.		

<b>Course Title: CULINARY ARTS II (FAM160)</b>		
<b>Level/Grade:</b> 10 <sup>th</sup> -12 <sup>th</sup>		<b>Length:</b> Full Year
		<b>Pre-requisites:</b> Culinary Arts I
<b>Course Description:</b> This full year course continues the learning experiences for students interested in pursuing a career in the culinary arts or hospitality profession. This course expands on the foundational knowledge learned in Culinary Arts I and takes learning experiences to the next stage of understanding of the food service industry. Through this course students will review safety procedures and protocols while introducing some more complex concepts to the principles, chemistry and techniques of food preparation. The classroom experience will be modeled after the industry with an emphasis on the standards of food service, occupations, food preparation, food and nutritional science and cooking methodologies.		

<b>Course Title: WORLD CUISINE (FAM110)</b>		
<b>Level/Grade:</b> 11 <sup>th</sup> -12 <sup>th</sup>		<b>Length:</b> Full Year
		<b>Pre-requisites:</b> Culinary Arts I
<b>Course Description:</b> World Cuisine is designed for students that wish to further develop their culinary skills while learning about and preparing a variety of foods originating from all over the world in our newly renovated state of the art kitchens. As students engage in a culinary tour of the world and the regions of the United States, they will study the patterns of family meals, current customs and food habits, cooking techniques and equipment unique to those countries		

<b>Course Title: BASIC FASHION DESIGN/CONSTRUCTION (FAM120)</b>	
<b>Level/Grade:</b> 9 <sup>th</sup> -12 <sup>th</sup>	<b>Length:</b> Full Year
	<b>Pre-requisites:</b> None
<b>Course Description:</b> Basic skills in both design and construction are introduced and then applied to the various projects that will be completed throughout the year. The design component of this course includes a simulation project that provides the student with the opportunity to create their own clothing company and personal line of garments. During the construction component of this course, students will learn to operate and control the sewing machine as they construct their own simple garments and accessories.	

<b>Course Title: CHILD DEVELOPMENT (FAM140)</b>	
<b>Level/Grade:</b> 10 <sup>th</sup> -12 <sup>th</sup>	<b>Length:</b> Full Year
	<b>Pre-requisites:</b> None
<b>Course Description:</b> This full year course is designed to study the growth and development of children from conception through four years of age. Students will learn parenting and teaching skills through the interaction and observation of young children during the preschool lab.	

<b>Course Title: EDUCATION: GENERAL (DIRECTIONS) (CTE100)</b>	
<b>Level/Grade:</b> 11 <sup>th</sup> -12 <sup>th</sup>	<b>Length:</b> Full Year
	<b>Pre-requisites:</b> Child Development
<b>Course Description:</b> This full year course is designed to help students pursue their interests in early childhood education. Students will extend the knowledge that they acquired in Child Development, as they become an integral part of the planning and implementation of the curriculum for the Little Rams Preschool. This course will also be helpful as an introduction to Early Childhood Education in college for students wishing to become certified teachers.	