Randolph Township Schools Randolph Middle School

RMS Bake Shoppe 8th Grade Cycle Class

"It could be argued that there is an element of entertainment in every pie, as every pie is inherently a surprise by virtue of its crust!"

Janet Clarkson

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Curriculum Developed

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Randolph Township Schools Department of Visual and Performing Arts Family and Consumer Science

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Randolph Township Schools

Mission Statement

We commit to inspiring and empowering all students in Randolph schools to reach their full potential as unique, responsible and educated members of a global society.

Randolph Township Schools Affirmative Action Statement

Equality and Equity in Curriculum

The Randolph Township School district ensures that the district's curriculum and instruction are aligned to the state's standards. The curriculum provides equity in instruction, educational programs and provides all students the opportunity to interact positively with others regardless of race, creed, color, national origin, ancestry, age, marital status, affectional or sexual orientation, gender, religion, disability or socioeconomic status.

N.J.A.C. 6A:7-1.7(b): Section 504, Rehabilitation Act of 1973; N.J.S.A. 10:5; Title IX, Education Amendments of 1972

RANDOLPH TOWNSHIP BOARD OF EDUCATION EDUCATIONAL GOALS VALUES IN EDUCATION

The statements represent the beliefs and values regarding our educational system. Education is the key to self-actualization, which is realized through achievement and self-respect. We believe our entire system must not only represent these values, but also demonstrate them in all that we do as a school system.

We believe:

- The needs of the child come first
- Mutual respect and trust are the cornerstones of a learning community
- The learning community consists of students, educators, parents, administrators, educational support personnel, the community and Board of Education members
- A successful learning community communicates honestly and openly in a non-threatening environment
- Members of our learning community have different needs at different times. There is openness to the challenge of meeting those needs in professional and supportive ways
- Assessment of professionals (i.e., educators, administrators and educational support personnel) is a dynamic process that requires review and revision based on evolving research, practices and experiences
- Development of desired capabilities comes in stages and is achieved through hard work, reflection and ongoing growth

Randolph Township Schools Randolph Middle School Visual and Performing Arts Department

Introduction

The RMS Bake Shoppe is designed for any Grade 8 student interested in the food industry and hospitality areas. Students will receive hands on experience in preparing a variety of baked goods, demonstrating knowledge of ingredients with the roles they play, preparation techniques, and baking equipment. Areas of study include, quick breads, yeast breads, pies, cookies, cakes, and cake decorating. Food presentation will be emphasized throughout. This course will also help to prepare students who are interested in being a part of the Randolph High School Culinary Arts program.

Randolph Middle School Curriculum Pacing Chart RMS Bake Shoppe

SUGGESTED TIME ALLOTMENT	UNIT NUMBER	CONTENT - UNIT OF STUDY
Ongoing	I	Kitchen Essentials
4 weeks	II	Quick Breads and Yeast Breads
2 weeks	III	Cakes and Cake Decorating
2 weeks	IV	Cookies
2 weeks	V	Pies and Pastries

Randolph Middle School Bake Shoppe

Unit I: Kitchen Essentials

STANDARDS / GOALS:	ENDURING UNDERSTANDINGS	ESSENTIAL QUESTIONS
CRP1 – Act as a responsible and contributing citizen and employee.	Preventing kitchen accidents and handling food safely are equal to quality.	How should food be handled safely to prevent the spread of disease or illness?
CRP2 – Apply appropriate academic and technical skills.		***
CRP4 – Communicate clearly, effectively and with reason.	Food preparation and culinary knowledge allows the ability to be successful in the kitchen.	Why do preparation skills impact the quality of kitchen production?
CRP5 – Consider the environmental, social, and economic impacts of decisions.	KNOWLEDGE	SKILLS
CRP6 - Demonstrate creativity and innovation.		
CRP7 – Employ valid and reliable research strategies.	Students will know:	Students will be able to:
CRP8 – Utilize critical thinking to make sense of problems and persevere in solving them.	Safety in the kitchen area such as fire prevention and how to prevent common injuries are top priorities in any	Evaluate and explain ways to prevent kitchen accidents including fire prevention, cuts,
CRP11 – Use technology to enhance productivity.	kitchen.	electrocution, and burns.
CRP12 – Work productively in teams while using cultural global competence	Preparation skills allow the creation of a safe food product by utilizing basic sanitation methods such as work station	Identify the causes of food borne illness.
8.2.5 - Practice standard personal hygiene and wellness procedures.	cleanup and personal hygiene.	Demonstrate proper cleaning and maintaining of work station.
14.4.1- Analyze conditions and practices that promote safe food handling.		Establish a routine of correctly washing hands using The ABC song.
	Basic tools in baking include pastry blender, hand-held	Produce recipes using a variety of kitchen tools
	mixer, stand mixer, rubber scraper, and whisk.	and equipment.

Discovering and interpreting recipes for baked goods from start to finish is accomplished by utilizing a variety of sources such as the internet.

Appropriately measuring measure both liquid, solid, and dry ingredients include the use of liquid measuring cups, dry measuring cups, and measuring spoons.

The baking industry uses common terminology such as cream, cut-in, fold, and whisk.

VOCABULARY: Whisk, hand-held mixer, stand mixer, pastry blender, rubber scraper, liquid measure cup, dry measure cup, measuring spoons, flour types (all purpose, cake, bread, specialty), leavening agent, types of fats (butter, margarine, lard, oil), cream, cut-in, foodborne illness (E. Coli, and salmonella), fire triangle, and PASS acronym.

Select and interpret a recipe by locating a recipe in a cook book or by internet search, and preparing a market order.

Execute recipe by following the directions to create the desired finished product.

Demonstrate proper measuring methods of dry, solid, and liquid ingredients utilizing the appropriate tool.

Articulate culinary terminology during preparation of recipes such as knowing the difference between cream and cut-in.

ASSESSMENT EVIDENCE: Students will show their learning by:

• Researching and creating a collaborative presentation on one of six safety and sanitation topics.

- Students will participate in a discussion about possible hazards in the kitchen.
- Students will identify 3 or more key points from shared student presentations.

Randolph Middle School RMS Bake Shoppe

UNIT I: Kitchen Essentials

SUGGESTED TIME ALLOTMENT	CONTENT-UNIT OF STUDY	SUPPLEMENTAL UNIT RESOURCES
Ongoing	Internet Research Safety and Sanitation Kitchen Equipment Skills for Preparation Ingredients and Their Purposes	Larson Duyff, Roberta. Food, Nutrition, and Wellness. Chicago, Glencoe, 2010. Safari Montage Kitchen Fundamentals Common Tools and Terms I Chapters 1 and 2 Hands-on resources such as empty fire extinguisher, fire blanket, Glo germ powder, and black light.

Randolph Middle School RMS Bake Shoppe

Unit II: Quick Breads and Yeast Breads

STANDARDS / GOALS:	ENDURING UNDERSTANDINGS	ESSENTIAL QUESTIONS
CRP1 – Act as a responsible and contributing citizen and employee.	Yeast breads and quick breads play different roles within the baking industry.	Why is the difference between a yeast bread and quick bread so important?
CRP2 – Apply appropriate academic and technical skills.		How are the leavening agents in yeast breads and quick breads different?
CRP4 – Communicate clearly, effectively and with reason.	KNOWLEDGE	SKILLS
CRP6 – Demonstrate creativity and innovation.	Students will know:	Students will be able to:
CRP7 – Employ valid and reliable research strategies.	The differences in the types of quick breads such as pour	Differentiate between the various quick breads
CRP8 – Utilize critical thinking to make sense of problems and persevere in solving them.	batter, drop batter, soft dough and stiff dough vary based on the recipe.	such as crepes, waffles, and pancakes and prepare a recipe demonstrating knowledge of the quick bread recipe of choice.
CRP12 – Work productively in teams while using cultural global competence.	Leavening agents being used in quick bread (baking	Produce a quick bread recipe using a leavening
8.2.5- Practice standard personal hygiene and wellness procedures.	powder, baking soda, and steam) vary depending on the desired results of the product such as density and texture.	agent.
9.5.3- Prepare food for presentation and assessment.	Yeast is a micro-organism that is used in dough recipes such as dinner rolls, cinnamon rolls, and pizza.	Explain why a pastry chef would choose to use a yeast bread over a quick bread.
		Produce a bread recipe using yeast to make it rise.

Fermentation of yeast is necessary to make breads rise because it produces carbon dioxide.	Identify the correlation between heat, sugar, salt and liquid as they apply to the activation of yeast.
	Prepare a basic yeast dough recipe using one of four shapes.
	Prepare a yeast dough recipe of choice such as monkey bread.
VOCABULARY: punching down, yeast, kneading, gluten development, dough, pour batters, drop batters, soft dough, stiff dough, stirring method, creaming method, shortening or biscuit method.	

ASSESSMENT EVIDENCE: Students will show their learning by:

- Preparing at least two successful quick bread recipes.
- Producing at least two successful yeast dough recipes.

- Students will participate in preparing two quick bread recipes, one prepared and one researched.
- Students will explore a banana bread lab to learn about extracts.
- Students will participate in hands on experimentation of yeast bread.

Randolph Middle School RMS Bake Shoppe

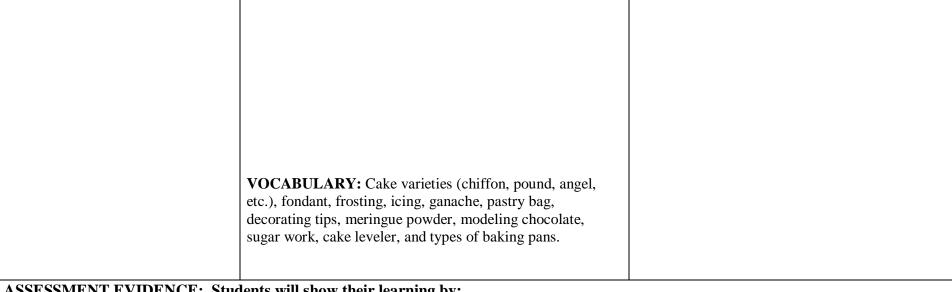
UNIT II: Quick Breads and Yeast Breads

SUGGESTED TIME ALLOTMENT	CONTENT-UNIT OF STUDY	SUPPLEMENTAL UNIT RESOURCES
4 weeks	Types of Quick Breads Banana Bread Lab discovering the types of extracts and how they affect the finished product. Yeast Bread	Baking at Home with The Culinary Institute of America, September 27, 2004. Better Home and Gardens Cookbooks Betty Crocker Cook Books How to Make Bread Rise with Science https://www.youtube.com/watch?v=tSNvmr41RSQ The History of Bread-The Chemistry of Baking Soda and Yeast https://www.youtube.com/watch?v=qylxpwNhFYI

Randolph Middle School RMS Bake Shoppe

Unit III: Cakes and Cake Decorating

STANDARDS / GOALS:	ENDURING UNDERSTANDINGS	ESSENTIAL QUESTIONS
CRP1 – Act as a responsible and contributing citizen and employee.	Ingredients in a cake have a specific function and proper proportion that yields a tasteful product.	Why would the artistic representation of a cake be more important than the taste?
CRP2 – Apply appropriate academic and technical skills.	Cake decorating is an extension of the visual arts. It adds the finishing touch that makes a cake special.	How might a chef's personal style influence a cake that he or she designs?
 CRP4 – Communicate clearly, effectively and with reason. CRP6 – Demonstrate creativity and innovation. 	KNOWLEDGE	SKILLS
CRP7 – Employ valid and reliable research strategies.	Students will know:	Students will be able to:
CRP8 – Utilize critical thinking to make sense of problems and persevere in solving them. CRP12 – Work productively in teams while	Varieties of cakes including cupcakes, layer cakes, and pound cakes can be created using ingredients that might be on hand such as flour, sugar, and eggs.	Develop a plan for the creation of a cake Create a cake recipe from scratch.
using cultural global competence. 8.2.5- Practice standard personal hygiene and wellness procedures.	Frosting and glazes add the finishing touches to cake baking.	Prepare a glaze or frosting recipe to complete baked goods
9.5.3- Prepare food for presentation and assessment.		Produce a cake successfully with frosting or glaze.
	Basic cake decorating includes using a pastry bag and various decorator tips such as a star tip.	Compare and contrast the different ways to decorate a cake.
	Additional methods of cake decorating include fondant, melted sugar, chocolate molding and other methods of making cakes aesthetically pleasing and meaningful.	Choose a method of decoration for a cake project.



ASSESSMENT EVIDENCE: Students will show their learning by:

- Creating a recipe for and preparing a cake of choice.
- Demonstrating cake decorating techniques used to prepare an occasion-specific cake during the "Cup Cake Wars Challenge" or similar event.

- Students will observe cake productions to illustrate various forms and batter types.
- Students will create a varied selection of cakes based on student interest and overall goals.
- Students will participate in a collaborative event such as but not limited to "Cupcake Wars".

Randolph Middle School RMS Bake Shoppe

UNIT III: Cakes and Cake Decorating

SUGGESTED TIME ALLOTMENT	CONTENT-UNIT OF STUDY	SUPPLEMENTAL UNIT RESOURCES
2 weeks	Types of cakes and their preparation Cake decorating and cake surface manipulations	Wilton 2014 Baking and Decorating Trends https://www.youtube.com/watch?v O4yS6Haqvqw&index=10&list=PLAvUDXGBBtk_qc4xq4AZ1wdG3t0j SpSQq Cupcake Wars https://www.foodnetwork.com/shows/cupcake-wars/episodes

Randolph Middle School RMS Bake Shoppe Unit IV: Cookies

STANDARDS / GOALS:	ENDURING UNDERSTANDINGS	ESSENTIAL QUESTIONS
CRP1 – Act as a responsible and contributing citizen and employee.	Cookies are a well-loved dessert staple that spans the decades.	How have cookies evolved over time?
CRP2 – Apply appropriate academic and technical skills.	Careful attention to mixing methods and baking temperatures produce a quality cookie.	How does the type of leavening agent determine the overall effect of the
CRP4 – Communicate clearly, effectively and with reason.		cookie?
CRP6 – Demonstrate creativity and innovation.	KNOWLEDGE	SKILLS
CRP7 – Employ valid and reliable research strategies.		
CRP8 – Utilize critical thinking to make sense of problems and persevere in solving them.	Students will know: Cookies are split into six different classifications	Students will be able to: Identify, prepare, and store one of the six cookie
CRP12 – Work productively in teams while using cultural global competence.	including bar, drop, molded, refrigerated, pressed, and rolled.	types that will be presented in a cookie exchange.
8.2.5 - Practice standard personal hygiene and wellness procedures.	Cookies are made from a basic dough recipe and are	Employ a variety of mixing methods and
9.5.3- Prepare food for presentation and assessment.	classified by their mixing method and final shape.	shaping techniques to prepare cookies in each classification.
	Cookies are a type of quick bread that uses a chemical leavening agent to rise.	Indicate the key components needed to produce of a successful cookie.
	Staggering and rotating cookies is necessary to ensure even baking.	Determine how cookies should be placed in the over for even baking.

	VOCABULARY: cookie classifications, creaming methods, rich dough, shaping methods	
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ASSESSMENT EVIDENCE: Students will show their learning by:

- Preparing a basic chocolate chip cookie recipe that they will then redesign to make their own.
- Participating in cookie exchange.

- Students will observe cookie ingredient variations and methods along with instructor demonstration.
- Students will prepare market order for necessary ingredients.
- Students will participate in a class Cookie Exchange by preparing a recipe for one of the cookie classifications to share with peers.

Randolph Middle School RMS Bake Shoppe UNIT IV: Cookies

SUGGESTED TIME ALLOTMENT	CONTENT-UNIT OF STUDY	SUPPLEMENTAL UNIT RESOURCES
2 weeks	Cookie Classifications and Varieties Cookie Presentation Techniques Cookie Exchange Activity	Cookie Exchange Food Network Episodes https://www.foodnetwork.com/search/cookie-exchange- Chocolate Chippers Recipe https://www.cooks.com/recipe/r38s65en/chocolate-chippers.html https://www.allrecipes.com

Randolph Middle School RMS Bake Shoppe Unit V– Pies

STANDARDS / GOALS:	ENDURING UNDERSTANDINGS	ESSENTIAL QUESTIONS
CRP1 – Act as a responsible and contributing citizen and employee.	Pies and pastries can be used for any part of the meal and are not limited to dessert.	How can pie be part of a healthy diet?
CRP2 – Apply appropriate academic and technical skills.	Using and measuring the correct ingredients produces tender flaky pastries.	How can too much liquid or too much flour effect a pie crust?
CRP4 – Communicate clearly, effectively and with reason. CRP6 – Demonstrate creativity and innovation.	KNOWLEDGE	SKILLS
CRP7 – Employ valid and reliable research strategies.	Students will know:	Students will be able to:
CRP8 – Utilize critical thinking to make sense of problems and persevere in solving them.	Pie dough has a variety of uses including creating crusts for dessert style pies as well as savory pies that can be	Prepare a pie crust using one of three methods, single, double, or basket weave.
CRP12 – Work productively in teams while using cultural global competence.	used as a main course, appetizer or side dish item.	Debate using shortening versus butter in a pie crust.
8.2.5- Practice standard personal hygiene and wellness procedures.9.5.3- Prepare food for presentation and assessment.	Pies can be both savory or sweet.	Differentiate flavors and classify them as savory or sweet.
	Using healthy ingredients such as fresh fruit and less sugar make pies a nutritional dish.	Adjust a pie recipe to make health conscious choices.
	VOCABULARY: Shortening, lard, butter, rolling pin, pie plate, rolling mat, fluting, crimping, and basket weave.	

ASSESSMENT EVIDENCE: Students will show their learning by:

• Formulating and preparing their own mini hand-held pie.

- Students will observe demonstrations of a variety of preparation methods for pie crust.
- Students will participate in class discussion on different types of pies both sweet and savory.
- Students will observe a video on techniques for successful pie crust.

Randolph Middle School RMS Bake Shoppe UNIT V – Pies

SUGGESTED TIME ALLOTMENT	CONTENT-UNIT OF STUDY	SUPPLEMENTAL UNIT RESOURCES
2 weeks	Pies and Fillings	Perfect Flake Pie Crust Recipe https://www.youtube.com/watch?v=XHUwGaJD2pw
		Homemade Poptarts, by Jenna Stafford-Bigger Bolder Baking- https://www.youtube.com/watch?v=n00_QUNdNLI