Randolph Township Schools<br>Randolph Middle School

## RMS Bake Shoppe $8^{\text {th }}$ Grade Cycle Class

"It could be argued that there is an element of entertainment in every pie, as every pie is inherently a surprise by virtue of its crust!"

# Randolph Township Schools <br> Department of Visual and Performing Arts <br> Family and Consumer Science 

Table of Contents

| Section | Page(s) |
| :--- | :---: |
| Mission Statement \& Affirmative Action Compliance Statement | 3 |
| Educational Goals - District | 4 |
| Introduction | 5 |
| Curriculum Pacing Chart | 6 |
| Curriculum Unit Guide | $7-21$ |

## Randolph Township Schools

## Mission Statement

## We commit to inspiring and empowering all students in Randolph schools to reach their full potential as unique, responsible and educated members of a global society.

## Randolph Township Schools <br> Affirmative Action Statement

## Equality and Equity in Curriculum

The Randolph Township School district ensures that the district's curriculum and instruction are aligned to the state's standards. The curriculum provides equity in instruction, educational programs and provides all students the opportunity to interact positively with others regardless of race, creed, color, national origin, ancestry, age, marital status, affectional or sexual orientation, gender, religion, disability or socioeconomic status.
N.J.A.C. 6A:7-1.7(b): Section 504, Rehabilitation Act of 1973; N.J.S.A. 10:5; Title IX, Education Amendments of 1972

## RANDOLPH TOWNSHIP BOARD OF EDUCATION EDUCATIONAL GOALS VALUES IN EDUCATION

The statements represent the beliefs and values regarding our educational system. Education is the key to self-actualization, which is realized through achievement and self-respect. We believe our entire system must not only represent these values, but also demonstrate them in all that we do as a school system.

We believe:

- The needs of the child come first
- Mutual respect and trust are the cornerstones of a learning community
- The learning community consists of students, educators, parents, administrators, educational support personnel, the community and Board of Education members
- A successful learning community communicates honestly and openly in a non-threatening environment
- Members of our learning community have different needs at different times. There is openness to the challenge of meeting those needs in professional and supportive ways
- Assessment of professionals (i.e., educators, administrators and educational support personnel) is a dynamic process that requires review and revision based on evolving research, practices and experiences
- Development of desired capabilities comes in stages and is achieved through hard work, reflection and ongoing growth


# Randolph Township Schools <br> Randolph Middle School <br> Visual and Performing Arts Department 

Introduction
The RMS Bake Shoppe is designed for any Grade 8 student interested in the food industry and hospitality areas. Students will receive hands on experience in preparing a variety of baked goods, demonstrating knowledge of ingredients with the roles they play, preparation techniques, and baking equipment. Areas of study include, quick breads, yeast breads, pies, cookies, cakes, and cake decorating. Food presentation will be emphasized throughout. This course will also help to prepare students who are interested in being a part of the Randolph High School Culinary Arts program.

RANDOLPH TOWNSHIP SCHOOL DISTRICT
Randolph Middle School
Curriculum Pacing Chart
RMS Bake Shoppe

| SUGGESTED TIME <br> ALLOTMENT | UNIT NUMBER | CONTENT - UNIT OF STUDY |
| :---: | :---: | :--- |
| Ongoing | I | Kitchen Essentials |
| 4 weeks | II | Quick Breads and Yeast Breads |
| 2 weeks | III | Cakes and Cake Decorating |
| 2 weeks | IV | Cookies |
| 2 weeks | V | Pies and Pastries |

## RANDOLPH TOWNSHIP SCHOOL DISTRICT

## Randolph Middle School

Bake Shoppe
Unit I: Kitchen Essentials

## STANDARDS / GOALS:

CRP1 - Act as a responsible and contributing citizen and employee.

CRP2 - Apply appropriate academic and technical skills.

CRP4 - Communicate clearly, effectively and with reason.

CRP5 - Consider the environmental, social, and economic impacts of decisions.

CRP6 - Demonstrate creativity and innovation.
CRP7 - Employ valid and reliable research strategies.

CRP8- Utilize critical thinking to make sense of problems and persevere in solving them.

CRP11 - Use technology to enhance productivity.

CRP12 - Work productively in teams while using cultural global competence
8.2.5- Practice standard personal hygiene and wellness procedures.
14.4.1- Analyze conditions and practices that promote safe food handling.

| ENDURING UNDERSTANDINGS | ESSENTIAL QUESTIONS |
| :---: | :---: |
| Preventing kitchen accidents and handling food safely are equal to quality. | - How should food be handled safely to prevent the spread of disease or illness? |
| Food preparation and culinary knowledge allows the ability to be successful in the kitchen. | - Why do preparation skills impact the quality of kitchen production? |
| KNOWLEDGE | SKILLS |
| Students will know: | Students will be able to: |
| Safety in the kitchen area such as fire prevention and how to prevent common injuries are top priorities in any kitchen. | Evaluate and explain ways to prevent kitchen accidents including fire prevention, cuts, electrocution, and burns. |
| Preparation skills allow the creation of a safe food product | Identify the causes of food borne illness. |
| cleanup and personal hygiene. | Demonstrate proper cleaning and maintaining of work station. |
|  | Establish a routine of correctly washing hands using The ABC song. |
| Basic tools in baking include pastry blender, hand-held mixer, stand mixer, rubber scraper, and whisk. | Produce recipes using a variety of kitchen tools and equipment. |

Discovering and interpreting recipes for baked goods from start to finish is accomplished by utilizing a variety of sources such as the internet.

Appropriately measuring measure both liquid, solid, and dry ingredients include the use of liquid measuring cups, dry measuring cups, and measuring spoons.

The baking industry uses common terminology such as cream, cut-in, fold, and whisk.

VOCABULARY: Whisk, hand-held mixer, stand mixer, pastry blender, rubber scraper, liquid measure cup, dry measure cup, measuring spoons, flour types (all purpose, cake, bread, specialty), leavening agent, types of fats (butter, margarine, lard, oil), cream, cut-in, foodborne illness (E. Coli, and salmonella), fire triangle, and PASS acronym.

Select and interpret a recipe by locating a recipe in a cook book or by internet search, and preparing a market order.

Execute recipe by following the directions to create the desired finished product.

Demonstrate proper measuring methods of dry, solid, and liquid ingredients utilizing the appropriate tool.

Articulate culinary terminology during preparation of recipes such as knowing the difference between cream and cut-in.

## ASSESSMENT EVIDENCE: Students will show their learning by:

- Researching and creating a collaborative presentation on one of six safety and sanitation topics.


## KEY LEARNING EVENTS AND INSTRUCTION:

- Students will participate in a discussion about possible hazards in the kitchen.
- Students will identify 3 or more key points from shared student presentations.

RANDOLPH TOWNSHIP SCHOOL DISTRICT
Randolph Middle School
RMS Bake Shoppe
UNIT I: Kitchen Essentials

| SUGGESTED <br> TIME <br> ALLOTMENT | CONTENT-UNIT OF STUDY | SUPPLEMENTAL UNIT RESOURCES |
| :---: | :--- | :--- |
| Ongoing | Internet Research |  |
|  | Safety and Sanitation <br> Kitchen Equipment <br> Skills for Preparation <br> Ingredients and Their Purposes | Larson Duyff, Roberta. Food, Nutrition, and Wellness. <br> Chicago, Glencoe, 2010. <br> Safari Montage <br> Kitchen Fundamentals Common Tools and Terms I <br> Chapters 1 and 2 <br> Hands-on resources such as empty fire extinguisher, fire <br> blanket, Glo germ powder, and black light. |

## RANDOLPH TOWNSHIP SCHOOL DISTRICT <br> Randolph Middle School <br> RMS Bake Shoppe <br> Unit II: Quick Breads and Yeast Breads

## STANDARDS / GOALS:

CRP1 - Act as a responsible and contributing citizen and employee.

CRP2 - Apply appropriate academic and technical skills.

CRP4 - Communicate clearly, effectively and with reason.

CRP6 - Demonstrate creativity and innovation.

CRP7 - Employ valid and reliable research strategies.

CRP8 - Utilize critical thinking to make sense of problems and persevere in solving them.

CRP12 - Work productively in teams while using cultural global competence.
8.2.5- Practice standard personal hygiene and wellness procedures.
9.5.3- Prepare food for presentation and assessment.

| ENDURING UNDERSTANDINGS | ESSENTIAL QUESTIONS |
| :--- | :--- | \left\lvert\, | -Why is the difference between a yeast <br> bread and quick bread so important? <br> How are the leavening agents in yeast <br> breads and quick breads different? |
| :--- |
| Yeast breads and quick breads play different roles within <br> the baking industry. |
| KNOWLEDGE | | Students |
| :--- |\right.

Fermentation of yeast is necessary to make breads rise because it produces carbon dioxide.

Identify the correlation between heat, sugar, salt and liquid as they apply to the activation of yeast.

Prepare a basic yeast dough recipe using one of four shapes.

Prepare a yeast dough recipe of choice such as monkey bread.

VOCABULARY: punching down, yeast, kneading, gluten development, dough, pour batters, drop batters, soft dough, stiff dough, stirring method, creaming method, shortening or biscuit method.

## ASSESSMENT EVIDENCE: Students will show their learning by:

- Preparing at least two successful quick bread recipes.
- Producing at least two successful yeast dough recipes.


## KEY LEARNING EVENTS AND INSTRUCTION:

- Students will participate in preparing two quick bread recipes, one prepared and one researched.
- Students will explore a banana bread lab to learn about extracts.
- Students will participate in hands on experimentation of yeast bread.

RANDOLPH TOWNSHIP SCHOOL DISTRICT
Randolph Middle School
RMS Bake Shoppe

## UNIT II: Quick Breads and Yeast Breads

| SUGGESTED <br> TIME <br> ALLOTMENT | CONTENT-UNIT OF STUDY | SUPPLEMENTAL UNIT RESOURCES |
| :---: | :--- | :--- |
| $\mathbf{4}$ weeks | Types of Quick Breads <br> Banana Bread Lab discovering the types of extracts and <br> how they affect the finished product. <br> Yeast Bread | Baking at Home with The Culinary Institute of America, <br> September 27, 2004. <br> Better Home and Gardens Cookbooks <br> Betty Crocker Cook Books <br> How to Make Bread Rise with Science <br> https://www.youtube.com/watch?v=tSNvmr41RSQ |
|  | The History of Bread-The Chemistry of Baking Soda and Yeast <br> https://www.youtube.com/watch?v=qylxpwNhFYI |  |

## RANDOLPH TOWNSHIP SCHOOL DISTRICT <br> Randolph Middle School RMS Bake Shoppe <br> Unit III: Cakes and Cake Decorating

## STANDARDS / GOALS:

CRP1 - Act as a responsible and contributing citizen and employee.

CRP2 - Apply appropriate academic and technical skills.

CRP4 - Communicate clearly, effectively and with reason.

CRP6 - Demonstrate creativity and innovation.

CRP7 - Employ valid and reliable research strategies.

CRP8 - Utilize critical thinking to make sense of problems and persevere in solving them.

CRP12 - Work productively in teams while using cultural global competence
8.2.5- Practice standard personal hygiene and wellness procedures.
9.5.3- Prepare food for presentation and assessment.

| ENDURING UNDERSTANDINGS | ESSENTIAL QUESTIONS |
| :--- | :--- |
| Ingredients in a cake have a specific function and proper <br> proportion that yields a tasteful product. | Why would the artistic representation of <br> a cake be more important than the taste? |
| Cake decorating is an extension of the visual arts. It adds <br> the finishing touch that makes a cake special. | How might a chef's personal style <br> influence a cake that he or she designs? |
| KNOWLEDGE | Students will be able to: |
| Students will know: <br> Varieties of cakes including cupcakes, layer cakes, and <br> pound cakes can be created using ingredients that might be <br> on hand such as flour, sugar, and eggs. <br> Frosting and glazes add the finishing touches to cake baking. | Develop a plan for the creation of a cake <br> Create a cake recipe from scratch. <br> Prepare a glaze or frosting recipe to complete goods |
| basic cake decorating includes using a pastry bag and <br> various decorator tips such as a star tip. | Produce a cake successfully with frosting or glaze. <br> Compare and contrast the different ways to <br> decorate a cake. |
| Additional methods of cake decorating include fondant, <br> melted sugar, chocolate molding and other methods of <br> making cakes aesthetically pleasing and meaningful. | Choose a method of decoration for a cake project. |


| VOCABULARY: Cake varieties (chiffon, pound, angel, etc.), fondant, frosting, icing, ganache, pastry bag, decorating tips, meringue powder, modeling chocolate, sugar work, cake leveler, and types of baking pans. |  |
| :---: | :---: |
| ASSESSMENT EVIDENCE: Students will show their learning by: <br> - Creating a recipe for and preparing a cake of choice. <br> - Demonstrating cake decorating techniques used to prepare an occasion-specific cake during <br> KEY LEARNING EVENTS AND INSTRUCTION: <br> - Students will observe cake productions to illustrate various forms and batter types. <br> - Students will create a varied selection of cakes based on student interest and overall goals. <br> - Students will participate in a collaborative event such as but not limited to "Cupcake Wars". | "Cup Cake Wars Challenge" or similar event. |

RANDOLPH TOWNSHIP SCHOOL DISTRICT
Randolph Middle School
RMS Bake Shoppe
UNIT III: Cakes and Cake Decorating

| $\begin{array}{c}\text { SUGGESTED } \\ \text { TIME } \\ \text { ALLOTMENT }\end{array}$ | CONTENT-UNIT OF STUDY | SUPPLEMENTAL UNIT RESOURCES |
| :---: | :--- | :--- |
| $\mathbf{2}$ weeks | $\begin{array}{l}\text { Types of cakes and their preparation } \\ \text { Cake decorating and cake surface manipulations }\end{array}$ | $\begin{array}{l}\text { Wilton 2014 Baking and Decorating Trends } \\ \text { htps://www.youtube.com/watch?v= } \\ \text { O4yS6Haqvqw\&index=10\&list=PLAvUDXGBBtk_qc4xq4AZ1wdG3t0j } \\ \text { SpSQq } \\ \text { Cupcake Wars }\end{array}$ |
| https://www.foodnetwork.com/shows/cupcake-wars/episodes |  |  |$]$

## RANDOLPH TOWNSHIP SCHOOL DISTRICT

Randolph Middle School
RMS Bake Shoppe
Unit IV: Cookies

## STANDARDS / GOALS:

CRP1 - Act as a responsible and contributing citizen and employee

CRP2 - Apply appropriate academic and technical skills

CRP4 - Communicate clearly, effectively and with reason.

CRP6 - Demonstrate creativity and innovation

CRP7 - Employ valid and reliable research strategies.

CRP8 - Utilize critical thinking to make sense of problems and persevere in solving them.

CRP12 - Work productively in teams while using cultural global competence
8.2.5- Practice standard personal hygiene and wellness procedures.
9.5.3- Prepare food for presentation and assessment.

| ENDURING UNDERSTANDINGS | ESSENTIAL QUESTIONS |
| :---: | :---: |
| Cookies are a well-loved dessert staple that spans the decades. | - How have cookies evolved over time? |
| Careful attention to mixing methods and baking temperatures produce a quality cookie. | - How does the type of leavening agent determine the overall effect of the cookie? |
| KNOWLEDGE | SKILLS |
| Students will know: | Students will be able to: |
| Cookies are split into six different classifications including bar, drop, molded, refrigerated, pressed, and rolled. | Identify, prepare, and store one of the six cookie types that will be presented in a cookie exchange. |
| Cookies are made from a basic dough recipe and are classified by their mixing method and final shape. | Employ a variety of mixing methods and shaping techniques to prepare cookies in each classification. |
| Cookies are a type of quick bread that uses a chemical leavening agent to rise. | Indicate the key components needed to produce of a successful cookie. |
| Staggering and rotating cookies is necessary to ensure even baking. | Determine how cookies should be placed in the over for even baking. |


|  |  |  |
| :--- | :--- | :--- |
|  | VOCABULARY: cookie classifications, creaming <br> methods, rich dough, shaping methods |  |

## ASSESSMENT EVIDENCE: Students will show their learning by:

- Preparing a basic chocolate chip cookie recipe that they will then redesign to make their own.
- Participating in cookie exchange.


## KEY LEARNING EVENTS AND INSTRUCTION:

- Students will observe cookie ingredient variations and methods along with instructor demonstration.
- Students will prepare market order for necessary ingredients.
- Students will participate in a class Cookie Exchange by preparing a recipe for one of the cookie classifications to share with peers.

RANDOLPH TOWNSHIP SCHOOL DISTRICT
Randolph Middle School
RMS Bake Shoppe
UNIT IV: Cookies

| $\begin{array}{c}\text { SUGGESTED } \\ \text { TIME } \\ \text { ALLOTMENT }\end{array}$ | CONTENT-UNIT OF STUDY | SUPPLEMENTAL UNIT RESOURCES |
| :---: | :--- | :--- |
| $\mathbf{2}$ weeks | $\begin{array}{l}\text { Cookie Classifications and Varieties } \\ \text { Cookie Presentation Techniques } \\ \text { Cookie Exchange Activity }\end{array}$ | $\begin{array}{l}\text { Cookie Exchange Food Network Episodes } \\ \text { https://www.foodnetwork.com/search/cookie-exchange- }\end{array}$ |
| Chocolate Chippers Recipe |  |  |
| https:/www.cooks.com/recipe/r38s65en/chocolate- |  |  |
| chippers.html |  |  |$\}$| https://www.allrecipes.com |
| :--- |

## RANDOLPH TOWNSHIP SCHOOL DISTRICT

Randolph Middle School RMS Bake Shoppe

Unit V-Pies

## STANDARDS / GOALS:

CRP1 - Act as a responsible and contributing citizen and employee.

CRP2 - Apply appropriate academic and technical skills.

CRP4 - Communicate clearly, effectively and with reason.

CRP6 - Demonstrate creativity and innovation.

CRP7 - Employ valid and reliable research strategies.

CRP8 - Utilize critical thinking to make sense of problems and persevere in solving them.

CRP12 - Work productively in teams while using cultural global competence.
8.2.5- Practice standard personal hygiene and wellness procedures.
9.5.3- Prepare food for presentation and assessment.

| ENDURING UNDERSTANDINGS | ESSENTIAL QUESTIONS |
| :--- | :--- |
| Pies and pastries can be used for any part of the meal and <br> are not limited to dessert. | • How can pie be part of a healthy diet? |
| Using and measuring the correct ingredients produces <br> tender flaky pastries. | How can too much liquid or too much <br> flour effect a pie crust? |
| KNOWLEDGE | SKILLS |
| Students will know: | Students will be able to: <br> Pie dough has a variety of uses including creating crusts <br> for dessert style pies as well as savory pies that can be crust using one of three methods, <br> used as a main course, appetizer or side dish item. |
| Pies can be both basket weave. |  |
| Debate using shortening versus butter in a pie <br> crust. <br> Using healthy ingredients such as fresh fruit and less <br> sugar make pies a nutritional dish. | Differentiate flavors and classify them as savory <br> or sweet. <br> Adjust a pie recipe to make health conscious <br> choices. |
| VOCABULARY: Shortening, lard, butter, rolling pin, |  |
| pie plate, rolling mat, fluting, crimping, and basket weave. |  |

## ASSESSMENT EVIDENCE: Students will show their learning by:

- Formulating and preparing their own mini hand-held pie.


## KEY LEARNING EVENTS AND INSTRUCTION:

- Students will observe demonstrations of a variety of preparation methods for pie crust.
- Students will participate in class discussion on different types of pies both sweet and savory.
- Students will observe a video on techniques for successful pie crust.

RANDOLPH TOWNSHIP SCHOOL DISTRICT
Randolph Middle School
RMS Bake Shoppe
UNIT V - Pies

| $\begin{array}{c}\text { SUGGESTED } \\ \text { TIME } \\ \text { ALLOTMENT }\end{array}$ | CONTENT-UNIT OF STUDY | SUPPLEMENTAL UNIT RESOURCES |
| :---: | :--- | :--- |
| $\mathbf{2}$ weeks | Pies and Fillings | $\begin{array}{l}\text { Perfect Flake Pie Crust Recipe } \\ \text { https://www.youtube.com/watch?v=XHUwGaJD2pw }\end{array}$ |
| Homemade Poptarts, by Jenna Stafford-Bigger Bolder Baking- |  |  |
| https://www.youtube.com/watch?v=n00_QUNdNLI |  |  |$\}$

